



Soc. Determinants Hlth & Well

CMWL-2200

Spring 2023 Section E02 3 Credits 01/09/2023 to 05/09/2023 Modified 01/02/2023

Description

This course engages students in critical analyses of contemporary cultural and sociological issues and their interaction on the health and wellness (physical, social, emotional, psychological) of individuals and society as a whole. Students will actively examine contemporary societal issues from multiple vantage points in order to better understand their complexities and the impact they have on the well being of all.

Requisites

Prerequisites:

Corequisites:

Contact Information

Instructor: Ms. Sasha McBurse

Email: smcburse@westga.edu

Office: Coliseum #2044

Phone: 678-839-6096 (office) or 762-323-1421 (this number can receive text messages)

Office Hours

Monday, 12:00 PM to 2:00 PM

Tuesday, 9:00 AM to 11:00 AM

*Other times by appointment only

Meeting Times

*This course is 100% online. There are no in-person meetings. There are 6 required Zoom sessions for peer discussions. This schedule will be uploaded in CourseDen.

Materials

All course materials for each module can be found on the following LibGuides page:
<https://getlibraryhelp.highlands.edu/c.php?g=1231218&p=9317491>

Outcomes

The student will:

1. identify common social determinants of health [Certified Health Education Specialist Competency] (CHES 1.1, 1.3) (Healthy People 2030)
2. define equity and equality in health and policy (CHES 8.1.4) (Ratcliff, K. (2017). The Social Determinants of Health: Looking Upstream)
3. describe psychological and emotional aspects of determinants of health (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020).

Health equity: A solutions-focused approach)

4. examine current models and theories of social determinants of health (CHES 5.1); (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020). Health equity: A solutions-focused approach)
5. explain the impact of discrimination, racism, and prejudice, on health outcomes (Smalley, K. B., Warren, J. C., & Fernández, M. I. (2020). Health equity: A solutions-focused approach)

✓ Evaluation

Criteria

Type	Weight	Topic	Notes
Discussions	20 %	Zoom Sessions	
Exams	46.67%	Exam #1 and Exam #2	
Project	33.33%	Community Health Project	

Breakdown

This course is out of 300 points. Grading rubrics for assignments are located in CourseDen. Quizzes and exams are graded automatically in CourseDen after submission. Students will be graded using the following scale:

A = 90-100%

B = 80-89.9%

C = 70-79.9%

D = 60-69.9%

F = 59.9% and below

***A course grade of C or better is required for CMWL majors and minors.**

Grade	Range	Notes
A	270 to 300 points	
B	240 to 269.9 points	
C	210 to 239.9 points	
D	180 to 209.9 points	
F	Below 180 points	

☰ Assignments

***Always refer to CourseDen for additional assignment details and due dates.**

Assignment	Course Objective	Points	Assessment Tool	Submit Via:	Due Date
Discussions	1-5	6 @10 pts	Rubric	CourseDen Dropbox	Weekly Opportunities in Zoom. See CourseDen calendar.

Community Health Project	1-5	100 pts	Rubric	CourseDen Dropbox	See syllabus calendar
Exam #1	1-5	60 pts	Answer Key	CourseDen Assessments	February 28, 2023
Exam #2	1-5	80 pts	Answer Key	CourseDen Assessments	May 3, 2023

Assignments

- All assignments are completed through CourseDen or Zoom. The details regarding specific assignments (including criteria, point value, and due date) are provided in CourseDen. Assignments may include (but are not limited to) written/video assignments, chats, and discussion boards.
- **Late work is only accepted for Parts I-IV of the Community Health Projects.** Assignments can be submitted up to two days after the deadline. However, students will receive a 10% grade reduction for each day the assignment is late. Work is not accepted after the second day.

Exams

- Exams are timed and completed in the CourseDen assessments tool. Students are given 1 attempt to complete an exam. You must submit the exam in the allotted time to receive a grade.
- If you miss the deadline, exams are not reopened. Please mark your calendar and take advantage of all extra credit.

Community Health Project

- Students will demonstrate understanding of course content by submitting a community health project. The results from the students' research and assessments will be presented in a recorded video accompanied by a PowerPoint. This is due **April 30, 2023**.
- Students will submit mini-portions of the project throughout the semester to receive feedback from the instructor before the final project is due. See syllabus calendar and CourseDen for due dates.

Schedule

Class Schedule Information (tentative and subject to change per instructor)

When	Topic	Notes
Week 1 (January 9- January 15)	Orientation/Introductions	Read syllabus. Review Orientation Module. Add/drop ends January 13. Syllabus Quiz and Video Introduction post due Sunday, January 15 at 11:59 p.m. EST. <u>This is required for roll verification</u>
Week 2 (January 16-January 22)	Module 1: Health Equity	Read Module 1. Review slides. UWG Fee payment deadline is January 17.
Week 3 (January 23-January 29)	Module 2: Discrimination and Health	Review Module 2. Review slides. Project Part I-Introduction due January 29 by 11:59 p.m. EST
Week 4 (January 30- February 5)	Module 3: Cultural Competence and Humility	Review Module 3. Review slides. Weekly Chat opportunity #1.

When	Topic	Notes
Week 5 (February 6-February 12)	Module 4: Minority Health Profiles	Review Module 4. Review slides. Weekly Chat opportunity #2.
Week 6 (February 13-February 19)	Module 5: Health Disparities in Minority Health	Review Module 5. Review slides. Weekly Chat opportunity #3. Project Part II-Demographics due February 19 by 11:59 p.m. EST
Week 7 (February 20-February 26)	Module 6: LGBTQ Health	Review Module 6. Review slides. Weekly Chat opportunity #4.
Week 8 (February 27-March 5)	Exam #1	Exam #1 is due Tuesday, February 28 by 11:59 p.m. EST. Last day to withdraw without penalty is March 3.
Week 9 (March 6-March 12)	Module 7: Children's Health, Rural Health, & People with Disabilities	Review Module 7. Weekly Chat opportunity #5.
Week 10 (March 13-March 19)	Module 8: Immigrant and Refugee Health	Review Module 8. Review slides. Weekly Chat opportunity #6. Project Part III-Transportation due March 19 by 11:59 p.m. EST
Week 11 (March 20-March 26)	Spring Break	
Week 12 (March 27-April 2)	Module 9: Built Environment/Neighborhood and Health	Review Module 9. Review slides. Weekly Chat opportunity #7.
Week 13 (April 3-April 9)	Module 10: Food Insecurity, Obesity, and Nutrition	Review Module 10. Review slides. Weekly Chat opportunity #8. Project Part IV-Neighborhood due by April 9 11:59 p.m. EST.
Week 14 (April 10-April 16)	Module 11: Social Support and Exclusion	Review Module 11. Review slides. Weekly Chat opportunity #9.
Week 15 (April 17-April 23)	Module 12: Employment/Occupational Health	Review Module 12. Review slides. Weekly Chat opportunity #10.
Week 16 (April 24-April 30)	Portfolio/Final Presentation	Weekly Chat opportunity #11. Portfolio/Final Presentation for Community Health Project due Sunday, April 30 by 11:59 p.m. EST.
May 3, 2023	Exam #2	Exam #2 due Wednesday, May 3 by 11:59 p.m. EST.
		**Note: All times are estimates. Dates may change at the instructor's discretion: all changes will be posted in the News/Announcements section of CourseDen. Please make sure to follow the calendar on Course Den to keep up with the schedule. Your instructor will update the course calendar each weekend if needed.

* Course Policies and Resources

Attendance

In order to distribute Title IV funding (federal student aid), student attendance verification is required. Students must complete the Introduction Video and Syllabus Quiz to be considered as attending class. These assignments are due by **January 15 at 11:59 p.m. EST**. Students who do not complete them will be dropped from the class for non-attendance. Students who add classes during drop/add are responsible for ensuring that they are verified as being in attendance by contacting the course instructor.

Students who commit to this course agree to the following responsibilities:

- Log in to the course on CourseDen daily (Monday-Friday) *some assignments are due on the weekend.
- Check CourseDen email and Westga email daily (Monday-Friday).
- Complete roll verification assignments by January 15, 2023.
- Submit appropriate documentation of absence(s) to the Absence Verification dropbox in CourseDen and notify the instructor by CourseDen email prior to the absence.

a. School-sanctioned events and military duty will be excused.

b. Medical, legal, and other unforeseen emergencies may be excused (but are not guaranteed) based on the instructor's discretion.

School sanctioned events do not count toward absences if approved in advance with proof of the event. You are responsible for all information, assignments, announcements, and changes in the course content that may occur in your absence.

Participation and Preparation

Your attentiveness and engagement in all class and course activities is required. Active participation is critical for success in this class. Students are expected to read course materials before each class period and bring appropriate materials to class meetings.

Late Work

It is the student's responsibility to ensure that all requirements are completed in a timely manner. Students are expected to turn in all work by the deadline given. However, to allow for illnesses and emergencies, partial credit will be given for late written assignments (Community Health Project Parts 1-4). Each day late will result in a heavier point deduction. For example, if the assignment is one day late the point reduction is 10%. Two days after the deadline the point reduction is 20%. After two days, a grade of zero will be recorded for that assignment.

Technology Needs

A computer with audio and video capabilities, an Internet connection, and a CourseDen compatible browser are necessary to support appropriate interactions for this course. UWG offers several computer labs on campus for students to use free of charge. You can find more information at Information Technology Services. All submitted assignments in this course must be submitted in an approved format (.doc, .xls, .pdf, .jpeg, .png) that is compatible with CourseDen. CourseDen does not support Apple word processing programs including Pages, Keynote, and Numbers. **Any assignments submitted in an unsupported format will earn 0 points.** The University of West Georgia, in coordination with Microsoft, is now offering Office 365 to all Faculty, Staff, and currently enrolled full-time students. You can locate a hyperlink for Office 365 in the Start Here/Orientation module in CourseDen.

Professional Conduct and Dispositions

Students in this course are considered professionals-in-training and, as such, are expected to conduct themselves professionally. Professionalism includes behavior related to, but is not limited to, attendance, class participation, appearance, communication, ethics, responsiveness and reaction, participation and professional development. The professional dispositions rubric is posted in CourseDen and used to evaluate CMWL students.

Communication Rules

For main communication with the instructor, use the CourseDen email. If you email with your westga email, you must add your course ID and title in the subject, or you may not receive a response. I receive many emails each day, so CourseDen is most

effective if you want to ensure a response. As future professionals, students are expected to communicate, both written and verbally, professionally and with proper grammar and punctuation. Failure to speak and write professionally, with proper grammar and punctuation, will NOT yield a response from the instructor.

Please use the following format when writing and sending emails to your instructor.

- I. Include a greeting and the instructor's name
- II. Include a subject that reflects the reason for the email
- III. State the name of the course that you are currently taking
- IV. If referencing an assignment, include the specific name of the assignment
- V. Include an appropriate closing

Video Assignments

Do's	Don'ts
Sit in a well lit area.	Lay down in your bed.
Be close enough to the camera so someone can see the color of your eyes.	Stand far away.
Dress appropriately like you were attending a face-to-face class.	Wear something you wouldn't wear to a face-to-face class.
Minimize background noise.	Play your favorite music in the background-save it for your car and TikTok.
Review your video before submission. Make sure your audio is clear and easy to hear.	Submit your assignment without watching it. If you can't be heard, you can't be graded.
Put concepts in your own words.	Read directly from a source that isn't your personal notes. Plagiarism isn't just in writing!

Plagiarism

Plagiarism is presenting someone else's work or ideas as you own, with or without their consent, by incorporating it into your work without full acknowledgment. Plagiarism could be in the form of verbal or written work. It could be using work from someone you know or someone you do not know. Plagiarism is not allowed at the university. If a student is caught plagiarizing, this breaks the Honor Code at the University of West Georgia. They will receive a zero of the assignment will be reported the the Office of Community Standards.

College/School Policies

College of Education Vision

The College of Education at the University of West Georgia will be recognized for *Innovation in Teaching, Leadership, and Wellness* with programs designed to transform lives and contribute to the betterment of society.

College of Education Mission

Locally connected and globally relevant, the Mission of the College of Education is to prepare graduates for professional careers in diverse settings within three dynamic areas of focus: *Teaching, Leadership, and Wellness*. With programs that range from undergraduate through doctoral study, the College of Education is committed to excellence in pedagogy, professional service, engaged partnerships, and applied research.

Diversity and Inclusion Statement for the College of Education

The College of Education (COE) embraces diversity across dimensions, including, but not limited to, age, religion, creed, education, ethnicity, gender expression, national origin, physical and cognitive ability, race, sex, sexual orientation, socioeconomic class, and veteran status. Building on these identities, we support empathy, social and environmental justice, and an ethical

framework for our actions. In accordance with the University of West Georgia and all of our departments, the COE denounces institutional and systemic racism and other forms of biases and is committed to taking actionable steps toward dismantling these systems and working toward equity and inclusion. The full COE Diversity and Inclusion Statement may be viewed on the website homepage of the College of Education.

Institutional Policies

Honor Code

At the University of West Georgia, we believe that academic and personal integrity are based upon honesty, trust, fairness, respect, and responsibility. Students at West Georgia assume responsibility for upholding the Honor Code. West Georgia students pledge to refrain from engaging in acts that do not maintain academic and personal integrity. These include, but are not limited to plagiarism*, cheating*, fabrications*, aid of academic dishonesty, lying, bribery or threats, and stealing. When a student chooses to enroll at the University of West Georgia students pledge the following:

Having read the honor code of UWG, I understand and accept my responsibility to uphold the values and beliefs described, and to conduct myself in a manner that will reflect the values of the institution in such a way as to respect the rights of all UWG community members. As a UWG student, I will represent myself truthfully and complete all academic assignments honestly.

I understand that if I violate this code, I will accept the penalties imposed, should I be found responsible for violations through the processes due to me as a University community member. These penalties may include expulsion from the University. I also recognize that my responsibility includes willingness to confront members of the University community, if I feel there has been a violation of the Honor Code.

For more information on the University of West Georgia Honor Code, please visit the [Office of Community Standards \(https://www.westga.edu/administration/vpsa/ocs/index.php\)](https://www.westga.edu/administration/vpsa/ocs/index.php) site.

Academic Support

Accessibility Services: Students with a documented disability may work with UWG Accessibility Services to receive essential services specific to their disability. All entitlements to accommodations are based on documentation and USG Board of Regents standards. If a student needs course adaptations or accommodations because of a disability or chronic illness, or if he/she needs to make special arrangements in case the building must be evacuated, the student should notify his/her instructor in writing and provide a copy of his/her Student Accommodations Report (SAR), which is available only from Accessibility Services. Faculty cannot offer accommodations without timely receipt of the SAR; further, no retroactive accommodations will be given. For more information, please contact [Accessibility Services \(https://www.westga.edu/student-services/counseling/accessibility-services.php\)](https://www.westga.edu/student-services/counseling/accessibility-services.php).

Center for Academic Success: The [Center for Academic Success \(http://www.westga.edu/cas/\)](http://www.westga.edu/cas/) provides services, programs, and opportunities to help all undergraduate students succeed academically. For more information, contact them: 678-839-6280 or cas@westga.edu.

University Writing Center: The [University Writing Center \(https://www.westga.edu/writing/\)](https://www.westga.edu/writing/) assists students with all areas of the writing process. For more information, contact them: 678-839-6513 or writing@westga.edu.

Online Courses

UWG takes students' privacy concerns seriously: technology-enhanced and partially and fully online courses use sites and entities beyond UWG and students have the right to know the privacy policies of these entities. For help with your online classes, additional online tutoring and other student success services, information on privacy and accessibility, and technology requirements, visit this [UWG Online \(https://uwgonline.service-now.com/kb/\)](https://uwgonline.service-now.com/kb/) Help site.

Students enrolled in online courses can find answers to many of their questions in the [Online/Off-Campus Student Guide \(http://uwgonline.westga.edu/online-student-guide.php\)](http://uwgonline.westga.edu/online-student-guide.php).

UWG Email Policy

University of West Georgia students are provided a MyUWG e-mail account. The University considers this account to be an official

means of communication between the University and the student. The purpose of the official use of the student e-mail account is to provide an effective means of communicating important university related information to UWG students in a timely manner. It is the student's responsibility to check their email.

Credit Hour Policy

The University of West Georgia grants one semester hour of credit for work equivalent to a minimum of one hour (50 minutes) of in-class or other direct faculty instruction AND two hours of student work outside of class per week for approximately fifteen weeks. For each course, the course syllabus will document the amount of in-class (or other direct faculty instruction) and out-of-class work required to earn the credit hour(s) assigned to the course. Out-of-class work will include all forms of credit-bearing activity, including but not limited to assignments, readings, observations, and musical practice. Where available, the university grants academic credit for students who verify via competency-based testing, that they have accomplished the learning outcomes associated with a course that would normally meet the requirements outlined above (e.g. AP credit, CLEP, and departmental exams).

HB 280 (Campus Carry)

UWG follows University System of Georgia (USG) guidance: http://www.usg.edu/hb280/additional_information# (http://www.usg.edu/hb280/additional_information)

You may also visit our website for help with USG Guidance: <https://www.westga.edu/police/campus-carry.php> (<https://www.westga.edu/police/campus-carry.php>)

Mental Health Support

If you or another student find that you are experiencing a mental health issue, free confidential services are available on campus in the [Counseling Center](#). Students who have experienced sexual or domestic violence may receive confidential medical and advocacy services with the Patient Advocates in [Health Services](#). To report a concern anonymously, please go to [UWGcares](#).

[Online counseling \(https://www.westga.edu/student-services/counseling/index.php\)](https://www.westga.edu/student-services/counseling/index.php) is also available for online students.

ELL Resources

If you are a student having difficulty with English language skills, and / or U.S. culture is not your home culture, specialized resources are available to help you succeed. Please visit the [E.L.L. resource page](#) for more information.

COVID-19

The University System of Georgia recognizes COVID-19 vaccines offer safe, effective protection and urges all students, faculty, staff, and visitors to get vaccinated either on campus or with a local provider.